

2021 VICTORIAN 5000m OPEN & U20 CHAMPIONSHIPS

(as at 18/08/21)

RULES OF COMPETITION

Competition:

All events shall be conducted in accordance with the rules of the World Athletics and Athletics Victoria unless otherwise stated.

Age determination:

Age group calculation is taken from the 31 December 2021.

Athlete Eligibility:

All athletes must be **registered and approved AV members** to be eligible to compete in 5000m Open and U20 Championships.

Check in:

Athlete Check-In to occur **30 minutes prior** to race start time. Athletes who have not checked in by this time will be scratched from their event.

Uniform & Bibs:

All athletes competing at the 2021 Victorian Open & U20 5000m Championships must wear their current club uniform and current 2021/22 Athletics Victoria bib numbers. If you forget your bib please go to the administration area to receive a new one. All athletes must compete in AV bibs, if an athlete has registered as an AV Member but has not been assigned a Bib when visiting the Administration Area AV staff will assign you a temporary Bib Number for the day.

Open Events: Athletes must be a **minimum of 16 years of age** in the year of competition to compete in an Open event.

Age Grouping:

Athletes wishing to compete up an age group can only compete as per the Age Determination table below.

Age determination:

Age group calculation is taken from the 31 December 2021.

Age Group	Year of Birth
Under 20	2002, 2003, 2004, 2005, 2006, 2007
Open	2001 or older (<i>Juniors from 2005* can enter</i>)

**Year of birth in italics are those that are competing up age groups.*

Call Room:

There will be NO Call Room, athletes will collect their bib numbers (interstate/international athletes) from Athlete Check-In. Hip numbers will be allocated at the start line.

Athletes are to marshal at the Start Line 15 minutes prior to the start of their race. It is the athlete's responsibility to be marshalled at their event at this time. Announcements will be made throughout the evening notifying athletes when they are required to be at the start line.

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RESTRICTIONS

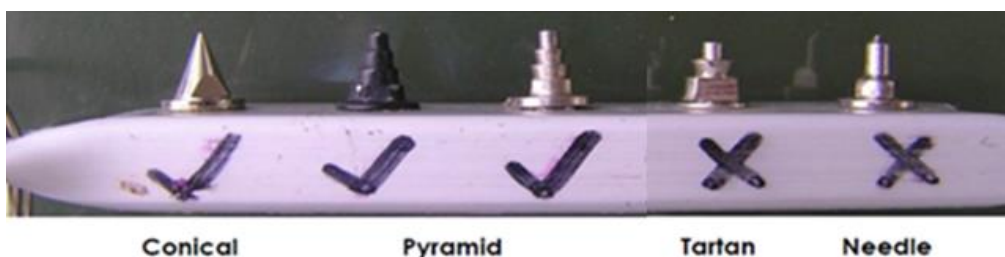
Lap Scorers:

All athletes are required to provide their own lap scorer for this event. Lap scorers can be a friend, parent, partner or fellow athlete not competing in the same race.

Footwear:

Footwear must comply with the new World Athletics Shoe Rulings (Technical Rules – Rule 5) available by clicking [HERE](#).

A maximum spike length of 7mm. Only conical & Pyramid (Christmas tree) allowed;



Leg Numbers:

Athletes will be required to wear a leg number to assist the photo finish operator in identifying athletes. Leg numbers will be distributed at the start line during the marshalling period.

Weather Policy:

In the event of extreme weather during the weekend, please note Athletics Victoria may modify the program for the safety of athletes, officials and spectators. If this is to happen Athletics Victoria will communicate this as soon as possible via the AV website, social media and email to all participants.

False Start Rule:

In all track events a team will be disqualified when a team has recorded one (1) false start in an event (World Athletics Rule 16.8).

Medals:

Presentations will be made as soon as possible after the event. All place getters are asked to assist with this procedure by going with an official at the completion of the event to the ceremonial area. Each athlete must wear either their competition singlet or tracksuit top for the victory ceremony. Medallions will be presented to competitors placed first, second and third.

Protests:

- (i) Any enquires regarding entries; check-in or reporting at the championships on the days of competition shall be made to the administration delegate or competition manager.
- (ii) Any protest regarding the competition, shall in the first instance, be made orally to the referee by the athlete or by a person acting on his/her behalf, within 30 minutes of the official announcement of the result. The referee may decide on the protest or may refer the matter to the jury of appeal. If the referee makes a decision, the athlete may appeal to the jury within 30 minutes.

Appeals must be in writing, signed by the athlete (or a responsible adult on behalf of the athlete) and submitted to the administration manager located in the administration area. The protest must be accompanied by a deposit of \$50.00 which may be forfeited should the protest be considered frivolous (World Athletics rule 8). Protest/appeal forms are available at administration area.

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