

TIMETABLE of EVENTS

GEELONG REGION as at 02.12.21



Round 4 – Saturday 4th December 2021

PROVISIONAL TIMETABLE

TRACK EVENTS

Prov Time	Time	Event	Grades
1.45pm	1.45pm	80Metre Hurdles 90Metre Hurdles 100Metre Hurdles 110Metre Hurdles	U14/40+/50+/60+ Women U16 Women & U14 Men U18/U20/Open Women & U16/50+/60+ Men U18/U20/Open/40+ Men
2.30pm	2.15pm	1500 Metres	Women
2.45pm	2.30pm	1500 Metres	Men
3.15pm	2.50pm	100 Metres	Men
3.40pm	3.10pm	100 Metres	Women
4.00pm	3.35pm	400 Metres	Men
4.35pm	3.55pm	400 Metres	Women
4.55pm	4.10pm	4x400m Relay	Men
5.05pm	4.20pm	4x400m Relay	Women
5.15pm	4.30pm	3000 Metres 5000 Metres	All Men & Women(Athletes can choose) Restricted to Open/U20/40+/50+/60+ Men & Women

FIELD EVENTS

Prov Time	Shot Put (1 Circle)	Javelin (1 Runway)	Triple Jump (1 Pit)	Pole Vault (1 Bed)	NON-SCORING EVENTS
1.15pm					Hammer Invite (Geel Only) (9)
1.30pm	Sheet 1 - Throw & Go (20)		Sheet 1 - Jump & Go (15)	3.20m+ (8)	
2.00pm	Sheet 2 (20)	Sheet 1 - Throw & Go (20)	Sheet 2 (15)		
2.30pm		Sheet 2 (15)		2.30m+ (2)	
3.00pm	Sheet 3 (20)		Sheet 3 (17)		
3.30pm		Sheet 3 (15)		1.60m+ (15)	
4.00pm	Sheet 4 (20)		Sheet 4 (15)		High Jump Invite (8)
4.30pm		Sheet 4 (15)			

(##) Sheet Maximum Capacity



TIMETABLE of EVENTS

GEELONG REGION as at 02.12.21



Round 5 – Saturday 11th December 2021

TRACK EVENTS

Time	Event	Grades
1.45pm	400 Metre Hurdles 300 Metre Hurdles 200 Metre Hurdles	Open/U20/U18/40+/50+ Men & Open/U20/U18/40+ Women 60+ Men & 50+ Women/60+ Women U14/U16 Men & U14/U16 Women
2.15pm	200 Metres	Women
2.30pm	200 Metres	Men
2.50pm	800 Metres	Women
3.05pm	800 Metres	Men
3.20pm	4x200 Metre Relay (NON-SCORING)	Women
3.30pm	4x200 Metre Relay (NON-SCORING)	Men
3.45pm	100 Metres (NON-SCORING)	Women
4.00pm	100 Metres (NON-SCORING)	Men
4.20pm	3000 Metres	All Men & Women

FIELD EVENTS

Prov Time	Discus (1 Cage)	Hammer Throw (1 Cage)	Long Jump (1 Pit)	High Jump (1 Bed)	NON-SCORING EVENTS
1.15pm		Sheet 1 (20)			Pole Vault Invite (Max 20)
1.45pm			Sheet 1 - Jump & Go (20)		
2.15pm	Sheet 1 - Throw & Go (15)		Sheet 2 (20)	Sheet 1 - 1.05 Mtr+ (15)	
2.45pm	Sheet 2 (20)				
3.15pm			Sheet 3 (20)	Sheet 2 - 1.30 Mtr+ (15)	
3.45pm	Sheet 3 (20)				
4.15pm			Sheet 4 (20)	Sheet 3 - All heights (10)	
4.45pm	Sheet 4 (20)				

(##) Sheet Maximum Capacity

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TIMETABLE of EVENTS

GEELONG REGION as at 02.12.21



Round 6 – Saturday 18th December 2021

TRACK EVENTS

Time	Event	Grades
1.45pm	80Metre Hurdles	U14/40+/50+/60+ Women
	90Metre Hurdles	U16 Women & U14 Men
	100Metre Hurdles	U18/U20/Open Women & U16/50+/60+ Men
	110Metre Hurdles	U18/U20/Open/40+ Men
2.15pm	1500 Metres	Men
2.30pm	1500 Metres	Women
2.50pm	400 Metres	Men
3.10pm	400 Metres	Women
3.35pm	100 Metres	Men
3.55pm	100 Metres	Women
4.15pm	4x100m Relay (Seeding)	Men
4.25pm	4x100m Relay (Seeding)	Women
4.35pm	*3000 Metres Steeple (91cm)	Open/U20/40+/50+ Men
	*2000 Metres Steeple (84cm)	U18 Men
	*3000 Metres Steeple (76.2cm)	Open/U20 Women
	*2000 Metres Steeple (76.2cm)	60+/U16/U14 Men 40+/50+/60+/U18/U16/U14 Women

FIELD EVENTS

Time	Shot Put (1 Circle) Max 20 per sheet	Javelin (1 Runway) Max 15 per sheet	Triple Jump (1 Pit) Max 15 per sheet	Pole Vault (1 Bed) Max 15 per sheet	NON-SCORING EVENTS
1.15pm					Hammer Invite (Geel Only – max 20)
1.30pm	Sheet 1 - Throw & Go (20)		Sheet 1 - Jump & Go (20)	3.20m+	
2.00pm	Sheet 2 (20)	Sheet 1 - Throw & Go (20)	Sheet 2 (15)		
2.30pm		Sheet 2 (15)		2.30m+	
3.00pm	Sheet 3 (20)		Sheet 3 (15)		
3.30pm		Sheet 3 (15)		1.60m+	
4.00pm	Sheet 4 (20)		Sheet 4 (15)		High Jump Invite (Max 15)
4.30pm		Sheet 4 (15)			

(##) Sheet Maximum Capacity

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TIMETABLE of EVENTS

GEELONG REGION as at 02.12.21



Round 7 – Saturday 15th January 2022 (Twilight)

TRACK EVENTS

Time	Event	Grades
4.30pm	400 Metre Hurdles 300 Metre Hurdles 200 Metre Hurdles	Open/U20/U18/40+/50+ Men & Open/U20/U18/40+ Women 60+ Men & 50+ Women/60+ Women U14/U16 Men & U14/U16 Women
5.00pm	200 Metres	Women
5.15pm	200 Metres	Men
5.35pm	800 Metres	Women
5.50pm	800 Metres	Men
6.10pm	100 Metres (NON-SCORING)	Women
6.25pm	100 Metres (NON-SCORING)	Men
6.35pm	4x200m Relay (NON-SCORING)	Men
6.45pm	4x200m Relay (NON-SCORING)	Women
6.55pm	3000 Metres 5000 Metres	All Men & Women (Athletes can choose) Restricted to Open/U20/40+/50+/60+ Men & Women

FIELD EVENTS

Time	Discus (1 Cage) Max 15 per sheet	Hammer Throw (1 Cage) Max 20 per sheet	Long Jump (1 Pit) Max 15 per sheet	High Jump (1 Bed) Max 15 per sheet	NON-SCORING EVENTS
4.15pm		Sheet 1			Pole Vault Invite (Max 20)
4.30pm			Sheet 1		
5.00pm				1.05 Mtr+	
5.15pm	Sheet 1		Sheet 2		
6.00pm				1.30 Mtr+	
6.15pm	Sheet 2		Sheet 3		
6.45pm				All heights	
7.15pm	Sheet 3				

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TIMETABLE of EVENTS

GEELONG REGION as at 02.12.21



Round 8 – Saturday 22nd January 2022 (Twilight)

TRACK EVENTS

Time	Event	Grades
4.45pm	80Metre Hurdles 90Metre Hurdles 100Metre Hurdles 110Metre Hurdles	U14/40+/50+/60+ Women U16 Women & U14 Men U18/U20/Open Women & U16/50+/60+ Men U18/U20/Open/40+ Men
5.15pm	1500 Metres	Women
5.30pm	1500 Metres	Men
5.50pm	100 Metres	Men
6.10pm	100 Metres	Women
6.30pm	400 Metres (NON-SCORING)	Men
6.50pm	400 Metres (NON-SCORING)	Women
7.10pm	4x400m Relay (Qualifier)	Men
7.20pm	4x400m Relay (Qualifier)	Women
7.30pm	*3000 Metres Steeple (91cm) *2000 Metres Steeple (84cm) *3000 Metres Steeple (76.2cm) *2000 Metres Steeple (76.2cm)	Open/U20/40+/50+ Men U18 Men Open/U20 Women 60+/U16/U14 Men 40+/50+/60+/U18/U16/U14 Women

FIELD EVENTS

Time	Shot Put (1 Circle) Max 20 per sheet	Javelin (1 Runway) Max 15 per sheet	Triple Jump (1 Pit) Max 15 per sheet	Pole Vault (1 Bed) Max 15 per sheet	NON-SCORING EVENTS
4.15pm					Hammer Invite (Geel Only – max 20)
5.00pm	Sheet 1		Sheet 1	3.20m+	
5.30pm		Sheet 1			
6.00pm	Sheet 2		Sheet 2	2.30m+	
6.30pm		Sheet 2			
7.00pm	Sheet 3		Sheet 3	1.60m+	
7.30pm		Sheet 3			High Jump Invite (Max 15)

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TIMETABLE of EVENTS

GEELONG REGION as at 02.12.21



Round 9 – Saturday 5th February 2022

TRACK EVENTS

Time	Event	Grades
1.45pm	400 Metre Hurdles 300 Metre Hurdles 200 Metre Hurdles	Open/U20/U18/40+/50+ Men & Open/U20/U18/40+ Women 60+ Men & 50+ Women/60+ Women U14/U16 Men & U14/U16 Women
2.15pm	200 Metres	Women
2.30pm	200 Metres	Men
2.50pm	800 Metres	Women
3.05pm	800 Metres	Men
3.25pm	100 Metres (NON-SCORING)	Women
3.45pm	100 Metres (NON-SCORING)	Men
4.05pm	3000 Metres 5000 Metres	All Men & Women (Athletes can choose) Restricted to Open/U20/40+/50+/60+ Men & Women

FIELD EVENTS

Time	Discus (1 Cage) Max 15 per sheet	Hammer Throw (1 Cage) Max 20 per sheet	Long Jump (1 Pit) Max 15 per sheet	High Jump (1 Bed) Max 15 per sheet	NON-SCORING EVENTS
1.15pm		Sheet 1			Pole Vault Invite (Max 15)
1.45pm			Sheet 1		
2.15pm	Sheet 1			1.05 Mtr+	
2.30pm			Sheet 2		
3.15pm	Sheet 2			1.30 Mtr+	
3.30pm			Sheet 3		
4.00pm	Sheet 3			All heights	

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TIMETABLE of EVENTS

GEELONG REGION as at 02.12.21



Round 10 – Friday 11th February 2022 (Night)

TRACK EVENTS

Time	Event	Grades
5.45pm	80Metre Hurdles	U14/40+/50+/60+ Women
	90Metre Hurdles	U16 Women & U14 Men
	100Metre Hurdles	U18/U20/Open Women & U16/50+/60+ Men
	110Metre Hurdles	U18/U20/Open/40+ Men
6.15pm	1500 Metres	Women
6.30pm	1500 Metres	Men
6.50pm	100 Metres	Men
7.10pm	100 Metres	Women
7.35pm	400 Metres	Men
7.55pm	400 Metres	Women
8.10pm	4x100m Relay	Men
8.20pm	4x100m Relay	Women
8.30pm	3000 Metres	All Men & Women

FIELD EVENTS

Time	Shot Put (1 Circle) Max 20 per sheet	Javelin (1 Runway) Max 15 per sheet	Triple Jump (1 Pit) Max 15 per sheet	Pole Vault (1 Bed) Max 15 per sheet	NON-SCORING EVENTS
6.00pm				3.20m+	Hammer Invite (Geel Only – max 20)
6.30pm		Sheet 1	Sheet 1		
7.00pm	Sheet 1			2.30m+	
7.30pm		Sheet 2	Sheet 2		
8.00pm	Sheet 2			1.60m+	
8.30pm		Sheet 3	Sheet 3		
9.00pm	Sheet 3				

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