



PLAYOFFS



SATURDAY 5TH MARCH 2022 (DRAFT TIMETABLE)

TRACK EVENTS

Draft Time	Event	Grades	Section Heats
9.30am	2000m Walk (Lanes 1-3)	Men & Women - AM Session	
10.00am	400 Metre Hurdles (Lanes 4-8) 300 Metre Hurdles (Lanes 4-8)	Open/U20/U18/40+/50+ Men & Open/U20/U18/40+ Women 60+ Men & 50+ 60 + Women	
10.00am	3000 Metres (Lanes 1-3)	All Women	
11.00am	200 Metre Hurdles (Lanes 4-8)	U14/U16 Men & Women	
11.30am	3000 Metres (Lanes 1-3)	All Men	
12.00pm	200 Metres (Lanes 4-8)	Women - Section 1*	Heats 1-18
1.00pm	200 Metres (Lanes 4-8)	Women - Section 2*	Heats 19+
1.00pm	800 Metres (Lanes 1-3)12 per heat	Men - Section 1*	Heats 1-10
1.50pm	800 Metres (Lanes 1-3)12 per heat	Men - Section 2*	Heats 11+
2.15pm	200 Metres (Lanes 4-8)	Men - Section 1*	Heats 1-19
2.40pm	800 Metres (Lanes 1-3)12 per heat	Women - Section 1*	Heats 1-5
3.10pm	200 Metres (Lanes 4-8)	Men - Section 2*	Heats 20-39
3.10pm	800 Metres (Lanes 1-3)12 per heat	Women - Section 2*	Heats 6+
4.05pm	200 Metres (Lanes 4-8)	Men - Section 3*	Heats 40+
4.30pm	2000m Walk (Lanes 1-3)	Men & Women - PM Session	
5.00pm	4x400m Relay (Lanes 1-8)	Women	
5.30pm	4x400m Relay (Lanes 1-8)	Men	

Please Note: Event times are indicative and listed as draft. Timings will be adjusted once entries close.

*200m and 800m events have been split into sections throughout the day. Ensure that you review the entry lists on the AVSL page to confirm your section. Athletes will only need to check in 30 minutes prior to their section scheduled starting time. This has been implemented to minimise the time athletes need to spend at the event site and minimise time between check in and heat start time for those in later heats. Seated Throws to be scheduled in after entries close.

FIELD EVENTS

Draft Time	Shot Put (3 Circles)	Hammer Throw (1 Cage)	Triple Jump (2 Pits)	High Jump (2 Beds)
10.00am	Sheet 1 (20) Sheet 2 (20) & Sheet 3 (20)	Sheet 1 (20) & Sheet 2 (20) (Outside 50m below)	Sheet 1 (20) & Sheet 2 (20)	1.65m+ (15) 1.05m-1.35m (15)
11.00am	Sheet 4 (20) Sheet 5 (20) Sheet 6 (20)		Sheet 3 (20) & Sheet 4 (20)	
11.30am		Sheet 3 (20) & Sheet 4 (20) (Outside 50m below)		1.40m-1.80m (15) 1.05m-1.35m (15)
12.00pm	Sheet 7 (20) Sheet 8 (20) & Sheet 9 (20)		Sheet 5 (20) & Sheet 6 (20)	
12.30pm		Sheet 5 (20) & Sheet 6 (20) Throw & Go (Outside 50m below)		
1.00pm	Sheet 10 (20) Sheet 11 (20) Sheet 12 (20)	Sheet 7 (20) Throw & Go (Outside 50m below)	Sheet 7 (20) & Sheet 8 (20)	1.30m-1.75m (15) 1.15m-1.50m (15)
1.30pm		Sheet 8 (20) & Sheet 9 (20) (Outside 50m below)		
2.00pm	Sheet 13 (20) Sheet 14 (20) Sheet 15 (20)		Sheet 9 (20) & Sheet 10 Jump & Go (25)	
2.30pm		Sheet 10 (20) & Sheet 11 (20) (Outside 50m below)	Sheet 11 Jump & Go (25)	1.15m-1.50m (15) 1.05m-1.35m (15)
3.00pm	Sheet 16 (20) Sheet 17 (20) Sheet 18 (20)		Sheet 12 (20) & Sheet 13 (20)	
3.30pm		Sheet 12 (20) & Sheet 13 (20) (Outside 50m below)		
4.00pm	Sheet 19 (25) Sheet 20 (20) & Sheet 21 Throw & Go (25)		Sheet 14 (20) & Sheet 15 (20)	1.40m-1.80m (15) 1.15m-1.50m (15)
4.30pm	Sheet 22 Throw & Go (25)	Sheet 14 (20) & Sheet 15 (20) (Outside 50m below)		
5.00pm	Sheet 22 (20) & Sheet 23 (20) & Sheet 24 (20)		Sheet 16 & Sheet 17 (20)	