

2022



Target Talent
Program

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In partnership with



Athletics Victoria Target Talent Program (AVTTP) Overview

The Athletics Victoria Target Talent Program (AVTTP) is Athletics Australia's initial Talent Development strand of their High-Performance Strategy and is delivered in partnership with Athletics Victoria (AV), Athletics Australia (AA) and the Victorian Institute of Sport (VIS). The TTP has been established to:

- Act as the early talent identification component of Athletics Australia's High-Performance Pathway;
- Inspire the best young athletes in the State by inviting them to be part of a State squad and participate in enhanced development opportunities;
- Encourage, continually challenge and develop the best local coaches through recognition and performance-based coaching workshops;
- To create meaningful contacts in the off-season between athletes, personal coaches and the AVTTP State coaching Team;
- Create a National pool of identified coaches in each event group (i.e. State Coaches who model best practice and who are supported by the AA National Coaching Pathway);
- By identifying and engaging Victoria's best junior athletes and coaches through development education opportunities. The AVTTP aims to encourage both athletes and coaches to achieve their potential and to progress through the AA High Performance Pathway, in a fun, encouraging and engaging environment

The 2022 AVTTP is open to athletes born in between 2003 and 2007. *(Athletes who fall outside of this date range may be considered via discretionary selection).*

Athletics Victoria, in collaboration with Athletics Australia, will appoint a Team of [AVTTP State event group Coaches](#), who along with hosting [training and education](#) sessions, will act as points of contact for AVTTP squad athletes and their personal coaches.

AVTTP Squad weekends will incorporate a combination of event specific testing, review and planning sessions, training clinics and both general and event-specific education workshops. In addition, [targeted education workshops](#) will be provided for [personal coaches](#) and an [athlete's support network](#) (ie. parents, guardians).

Australia's elite athlete's past and present will also be engaged for training, education, and Q&A sessions wherever possible.

Athlete Invitation Criteria

Squad Period

The 2022 AVTTP Squad will be selected following the conclusion of the 2022 Athletics Australia Track and Field Championships. Squad weekends will be held between July and October 2022.

Eligibility

To be eligible for inclusion athletes must be a current registered member of Athletics Victoria and be born in 2003/04(U20), 2005(U18), 2006(U17) or 2007(U16).

Athletics Australia Invitation Standards

Athletics Australia will send a personal invitation to any athlete and their coach who meet the following criteria.

Able-Bodied

1. Any AV athlete who achieves the World Athletics Under-20 Championships selection standard (*Appendix 2*) as an under-20 athlete from October 1, 2021. For the avoidance of doubt, an athlete who, as an under-20 in 2021, achieves the World Athletics standard may be invited to TTP in 2022, even though the athlete is no longer an Under-20.
2. Any athlete that achieves a top-3 finish at the Australian National Championships at Open, Under-20, Under-18, Under-17, or Under-16 level, and is still an under-20 in the following season.

In years where the Australian All Schools Championships are held; the following criteria will also be used:

3. Any athlete that achieves a top-3 finish at the Australian All-Schools Championships at the Under-18 or Under-16 level.

Para-Athletes

Para athletes will only be invited in events for which they have a classification/event pathway at the next Senior BME. In some cases, an athlete will be invited if they have demonstrated the capacity to meet the selection criteria via an alternative event.

1. Any Under-21 Para Athlete that achieves 75% of the AA "B" Standard (*Appendix 3*) in the preceding year. For the avoidance of doubt, the AA "B" Standard will refer to the major BME of that year. For example, TTP invitations in 2022 will be utilised using the 2022 World Para Championships - AA "B" Standards.
2. Any Under-21 Para Athlete that can provide 2+ years of progression data demonstrating that athlete's ability to achieve 75% of the AA "B" Standard the following year.
3. Any Para Athlete aged 15-20 who demonstrates performance improvements similar to, or better than, current International medallists at a comparative age.

Information on events which are on the Paralympic Program can be found at the following link - <https://www.athletics.com.au/paralympic-games/>

(NB: 2020 Tokyo Standards have been used, due to the postponement of the 2022 World Para Athletics Championship)

Athletics Victoria Nomination Process

Athletics Victoria welcomes the nomination of any athlete who achieves the following criteria;

1. All AV athletes who have achieved the 2022 AVTTP Performance Matrix standards (*Appendix 4*) as an under-20 athlete from May 22, 2021. For the avoidance of doubt, an athlete who, as an under-20 in 2021, achieves a 2022 AVTTP Performance Matrix standard may be invited to TTP in 2022, even though the athlete is no longer an Under-20.

Athletes who achieve the above AV criteria and wish to be included in the 2022 AVTTP squad, are invited to complete and submit the following [nomination form](#) **before Friday April 22**. Successful athletes will be notified via email on or before May 15.

Notes

- AV may also invite additional eligible athletes and their personal coaches based on competition results for their age group and advice from the Athletics Australia Junior High-Performance Team;
- Age is calculated as of December 31, 2022. Age groups are outlined below accordingly.
 - **Under 18** - athletes must not have their eighteenth birthday on or before 31st December 2022 and must be born in 2005, 2006 or 2007
 - **Under 20** - athletes must not have their twentieth birthday on or before 31st December 2022 and must be born in 2003 or 2004

AVTTP Event Coaches


Where appropriate and in collaboration with Athletics Australia, Athletics Victoria will appoint a State TTP Coach for each of the following event groups (pending athlete numbers):

- Sprints
- Hurdles
- Horizontal Jumps
- Vertical Jumps
- Combined Events
- Throws
- Endurance
- Walks
- Para-Athletics Coordinator

Role of the State TTP Coaches

State TTP Event Coaches are appointed to provide specialist coaching, education and mentoring to both TTP athletes and their personal coaches. In addition, State appointed TTP Event Coaches will:

- Contribute to the planning of AVTTP squad days, including event specific skills curriculum;
- Provide specialist coaching and coach mentoring to both athletes and personal coaches;
- Attend the AV State Championship events and providing coaching support where appropriate;
- Maintain an open dialog with athletes and personal coaches within State TTP squad and contribute to individual athlete planning;
- Actively support the ongoing development of a broad base of coaches with the knowledge and skills to optimally develop promising young athletes on the pathway to elite performance;

- 
- Assist in the collection of athlete testing data, and working with personal coaches and National event leads, identify and provide recommendation for the continued development of an athletes individual performance plan

Appendix 1

World Athletics Under-20 Championships Selection Standards

Men	Event	Women
10.60	100m	11.90
21.40	200m	24.40
47.60	400m	55.20
1:51.00	800m	2:09.00
3:48.50	1500m	4:29.00
8:15.00	3000m	9:32.00
14:15.00	5000m	16:40.00
9:08.00	3000m SC	10:36.00
14.20 (0.991m)	110mH/100mH	14.20
53.20	400mH	1:01.00
43:50.00	10,000m Race Walk	50:40.00
2.15	High Jump	1.81
5.05	Pole Vault	4.05
7.55	Long Jump	6.12
15.55	Triple Jump	12.85
18.20 (6kg)	Shot Put	14.50
56.50 (1.75kg)	Discus Throw	48.50
68.30 (6kg)	Hammer Throw	57.50
69.00	Javelin Throw	50.00
7050	Decathlon / Heptathlon	5300

Appendix 2

Athletics Australia Para TTP Performance Standards

WOMEN – AA 2022 TTP Selection Standards

No.	Event	Eligible Class(es)	2022 TTP Standards	No.	Event	Eligible Class(es)	2022 TTP Standards
1	100m	T11	15.48	38	Long Jump	T11	3.47m
2	100m	T12	15.29	39	Long Jump	T12	3.92m
3	100m	T13	15.69	40	Long Jump	T20	3.98m
4	100m	T33/34	24.38	41	Long Jump	T37	3.22m
5	100m	T35	20.10	42	Long Jump	T38	3.42m
6	100m	T36	18.53	43	Long Jump	T45/46/47	4.01m
7	100m	T37	17.19	44	Long Jump	T42/61/63	2.93m
8	100m	T38	16.88	45	Long Jump	T44/62/64	3.58m
9	100m	T45/46/47	16.10	46	Club Throw	F31/32	13.13m
10	100m	T53	21.50	47	Club Throw	F51	10.76m
11	100m	T54	21.13	48	Discus Throw	F11	22.38m
12	100m	T42/63	20.80	49	Discus Throw	F37/38	22.10m
13	100m	T44/62/64	16.75	50	Discus Throw	F40/41	20.00m
14	200m	T11	31.95	51	Discus Throw	F51/52/53	7.30m
15	200m	T12	31.56	52	Discus Throw	F54/55	15.79m
16	200m	T35	42.26	53	Discus Throw	F56/57	20.61m
17	200m	T36	39.50	54	Discus Throw	F43/44/62/64	21.69m
18	200m	T37	36.04	55	Javelin	F12/13	26.06m
19	200m	T45/46/47	33.24	56	Javelin	F33/34	11.63m
20	200m	T44/64	35.29	57	Javelin	F45/46	26.83m
21	400m	T11	1:13.76	58	Javelin	F53/54	11.44m
22	400m	T12	1:14.06	59	Javelin	F55/56	13.93m
23	400m	T13	1:12.85	60	Shot Put	F11/12	9.00m
24	400m	T20	1:14.05	61	Shot Put	F20	9.30m
25	400m	T37	1:23.45	62	Shot Put	F32	3.94m
26	400m	T38	1:22.64	63	Shot Put	F33	4.42m
27	400m	T45/46/47	1:17.01	64	Shot Put	F34	5.16m
28	400m	T53	1:12.50	65	Shot Put	F35	5.70m
29	400m	T54	1:11.25	66	Shot Put	F36	6.38m
30	800m	T33/34	2:48.75	67	Shot Put	F37	7.64m
31	800m	T53	2:22.79	68	Shot Put	F40	5.32m
32	800m	T54	2:21.25	69	Shot Put	F41	6.05m
33	1500m	T11	6:11.58	70	Shot Put	F54	7.21m
34	1500m	T12/13	6:02.50	71	Shot Put	F56/57	7.21m
35	1500m	T20	6:02.50				
36	1500m	T53/54	4:21.25				
37	5000m	T53/54	14:47.50				

MEN – AA 2022 TTP Selection Standards

No.	Event	Eligible Class(es)	2022 TTP Standards	No.	Event	Eligible Class(es)	2022 TTP Standards
1	100m	T11	14.28	47	Long Jump	T11	4.62m
2	100m	T12	13.73	48	Long Jump	T12	5.18m
3	100m	T13	13.91	49	Long Jump	T13	5.04m
4	100m	T33	25.01	50	Long Jump	T20	5.12m
5	100m	T34	20.00	51	Long Jump	T36	4.07m
6	100m	T35	16.24	52	Long Jump	T37	4.37m
7	100m	T36	15.36	53	Long Jump	T38	4.49m
8	100m	T37	14.63	54	Long Jump	T45/46/47	5.18m
9	100m	T38	14.30	55	Long Jump	T42/61/63	4.19m
10	100m	T45/46/47	13.96	56	Long Jump	T44/62/64	4.91m
11	100m	T51	28.61	57	High Jump	T45/46/47	1.42m
12	100m	T52	22.24	58	High Jump	T42/63	1.32m
13	100m	T53	18.69	59	High Jump	T44/64	1.39m
14	100m	T54	18.00	60	Club Throw	F31/32	23.60m
15	100m	T42/63	15.76	61	Club Throw	F51	21.29m
16	100m	T44/62/64	14.25	62	Discus Throw	F11	27.78m
17	200m	T35	34.48	63	Discus Throw	F37	36.44m
18	200m	T37	29.43	64	Discus Throw	F51/52	13.22m
19	200m	T51	53.88	65	Discus Throw	F54/55/56	29.12m
20	200m	T61	31.75	66	Discus Throw	F43/44/62/64	37.79m
21	200m	T44/64	29.05	67	Javelin	F12/13	43.61m
22	400m	T11	1:05.55	68	Javelin	F33/34	21.34m
23	400m	T12	1:02.50	69	Javelin	F38	34.98m
24	400m	T13	1:03.46	70	Javelin	F40/41	28.22m
25	400m	T20	1:01.69	71	Javelin	F45/46	43.04m
26	400m	T36	1:11.53	72	Javelin	F53/54	20.08m
27	400m	T37	1:07.50	73	Javelin	F56/57	31.43m
28	400m	T38	1:06.44	74	Javelin	F42-44,61-64	40.11m
29	400m	T45/46/47	1:01.93	75	Shot Put	F11	10.74m
30	400m	T51/52	1:19.38	76	Shot Put	F12	11.04m
31	400m	T53	1:02.50	77	Shot Put	F20	11.64m
32	400m	T54	59.38	78	Shot Put	F32	6.95m
33	400m	T62	1:07.18	79	Shot Put	F33	7.43m
34	800m	T33/34	2:15.00	80	Shot Put	F34	8.16m
35	800m	T53	2:05.00	81	Shot Put	F35	10.15m
36	800m	T54	2:00.00	82	Shot Put	F36	9.68m
37	1500m	T11	5:18.88	83	Shot Put	F37	10.09m
38	1500m	T12/13	4:56.25	84	Shot Put	F40	7.04m
39	1500m	T20	4:57.73	85	Shot Put	F41	8.43m
40	1500m	T37/38	5:28.61	86	Shot Put	F45/46	11.03m
41	1500m	T45/46	5:00.96	87	Shot Put	F53	5.33m
42	1500m	T51/52	4:51.85	88	Shot Put	F54/55	8.32m
43	1500m	T53/54	3:47.50	89	Shot Put	F56/57	10.43m
44	5000m	T11	19:53.51	90	Shot Put	F42/61/63	9.99m
45	5000m	T12/13	18:45.00				
46	5000m	T53/54	13:00.00				

Appendix 3

2022 Athletics Victoria Target Talent Program Performance Matrix Standards - Able Body

**** Women's selection standards amended 1.4.22 due to data correction ****

2022 Athletics Victoria Target Talent Program																				
BOYS																				
	100m	200m	400m	800m	1500m	5000m	XC	110mH	400mH	3000S	HJ	PV	LJ	TJ	Shot	Disc	Ham	Jav	10,000W	Comb Ev
							8km													
U20 / 2003/ 04 Born	10.73	21.85	47.94	01:51.86	03:53.73	14:56.61	26:21.79	14.36	54.48	09:40.21	2.04	4.55	7.25	14.70	16.18	50.72	59.54	63.36	45:45.27	6425
						3000m	6km			2000S									5000W	
U18 / 2005 Born	10.93	22.00	48.86	01:54.11	03:56.79	08:44.53	19:27.65	14.33	54.35	06:11.04	2.00	4.01	6.97	14.03	16.36	50.86	57.59	61.12	23:59.59	6034
							6km													
U17 / 2006 Born	11.15	22.34	49.94	01:56.39	04:01.65	08:51.09	19:47.76	14.74	56.22	06:15.80	1.96	3.85	6.68	13.57	15.31	48.00	51.52	55.67	24:29.52	5615
							4km	100mH	200mH											3000W
U16 / 2007 Born	11.39	22.68	51.22	01:59.44	04:10.06	08:59.55	12:43.77	13.63	26.74	06:20.72	1.87	3.50	6.39	13.10	16.27	56.43	50.02	51.35	14:27.19	3987
GIRLS																				
	100m	200m	400m	800m	1500m	5000m	XC	100mH	400mH	3000S	HJ	PV	LJ	TJ	Shot	Disc	Ham	Jav	10,000W	Comb Ev
							6km													
U20 / 2003/ 04 Born	12.02	24.53	55.76	02:09.35	04:29.79	16:40.29	37:12.00	14.28	61.87	11:06.81	1.75	3.71	5.84	12.18	13.24	47.57	51.06	44.10	51:38.12	4725
						3000m	4km			2000S									5000W	
U18 / 2005 Born	12.17	24.82	56.35	02:10.90	04:31.08	09:59.18	14:19.94	14.10	62.80	07:09.92	1.73	3.34	5.67	11.99	13.87	43.56	50.61	42.70	26:04.98	4763
							4km													
U17 / 2006 Born	12.26	24.84	56.81	02:12.03	04:33.25	10:12.01	14:28.12	14.32	64.28	07:14.27	1.69	3.22	5.56	11.80	13.24	40.74	46.83	41.97	25:45.05	4426
							4km	90mH	200mH											3000W
U16 / 2007 Born	12.36	25.10	56.85	02:13.05	04:36.43	10:15.00	14:28.89	13.35	29.22	07:16.50	1.65	3.08	5.47	11.55	12.79	39.55	42.79	40.36	15:02.77	4396

Notes

- Performance standards for each event represent the average of the Bronze medal place, from previous National Junior Championships, apart from the following:
 - XC (Cross Country) Average of the Bronze medal place from the Victorian Cross-Country Championships, for the past 5 years (Note: Victorian XC Championships chosen due to course consistency)
 - Combined Events Average of silver medal place from previous National Junior Championships